

# Top Cyber Tips



October  
Cyber  
Security  
Month





# Lock Down Your Apps



Your flashlight app doesn't need access to your location, mic, or camera roll. Review your app permissions: you might be shocked at what they can access.



**2**

# **Before You Believe It, Pause**

Deepfakes can look real and play on your emotions. If something makes you angry, sad, or overly excited... stop and fact-check.






3

## It Might Not Be “Mom” Calling

Criminals can mimic anyone’s voice, even loved ones. Set a “safe word” with family so you can confirm it’s really them. Never send money or info based on a call alone.









4

# Use AI Tools Safely

Only download AI apps/extensions from trusted sources. Adjust ChatGPT settings to stop your data from being used for training. Set browser extensions to “on click” to keep your browsing private.







5

# Strong Accounts = Stronger Security

MFA stops most account takeovers, but don't give in to MFA spam attacks. Create passwords as short, memorable stories, and never reuse them.



# Security Awareness Simply Explained



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