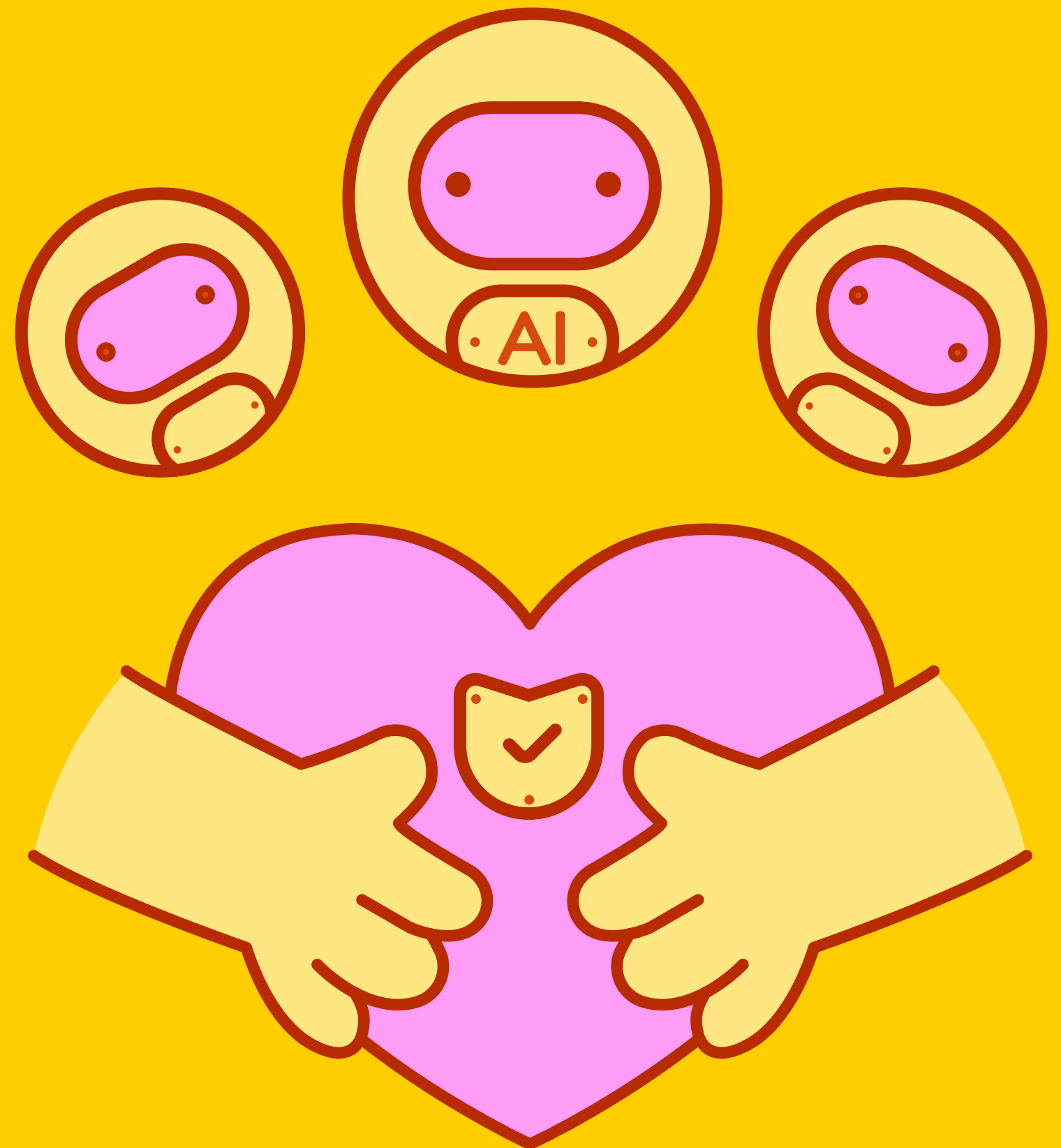


10 Conversation Starters



AI
Safety
For
Families



How to use

These cards are designed to spark conversations about AI safety with your kid or teen. Each question has multiple choice answers to **get your kid talking** - no answer has to be a perfect fit.

Use the talking points to **share insight and build understanding** around healthy AI habits.

Challenge!

**Have you ever used
AI to help with
homework?**

- A** Yes, I use it to get answers quickly.
- B** Sometimes, to help me understand something I'm stuck on
- C** No, my school doesn't allow it

Talking points

- AI can generate wrong answers confidently. Treat it like a study buddy: helpful for explaining concepts but always double-check
- Ask your child if they know their school's rules for using AI
- Discuss the difference between using AI to understand something and using it to *skip* understanding



Challenge!

Have you ever talked to an AI chatbot the way you'd talk to a friend?

- A** Yes, it's easy to talk to and doesn't judge me
- B** A little, mostly just for fun or advice
- C** No, that feels weird to me

Talking points

- AI chatbots are built to be agreeable and keep you on the platform. A real friend challenges you or tells you hard truths because they care about you
- Big feelings deserve a real person who knows and loves you
- Ask what they get from AI that they feel they can't get from people. That answer matters more than the AI itself



Challenge!

If a friend sent an AI-generated photo of you, how would you feel?

- A** Curious, I'd want to try it myself.
- B** Uncomfortable, especially if I didn't know about it first.
- C** I'm not sure, I've never thought about it.

Talking points

- AI image tools can alter or generate photos/videos of real people without permission and be used to bully, embarrass, or exploit.
- Never upload photos of yourself or friends into AI image tools without asking first.
- If an AI-altered image of them or a friend feels wrong, they should come to you immediately no matter how it happened.



Challenge!

How do you tell if an AI answer is true?

- A** I just trust it, it sounds confident.
- B** I check it against another source sometimes.
- C** I don't really think about it.

Talking points

- AI can sound completely certain while being completely wrong. Confidence is not the same as accuracy.
- Encourage a habit of asking "how would I check this?" for anything important, especially health, safety, or news topics.
- Model this yourself: let your child see you double-checking AI answers too.



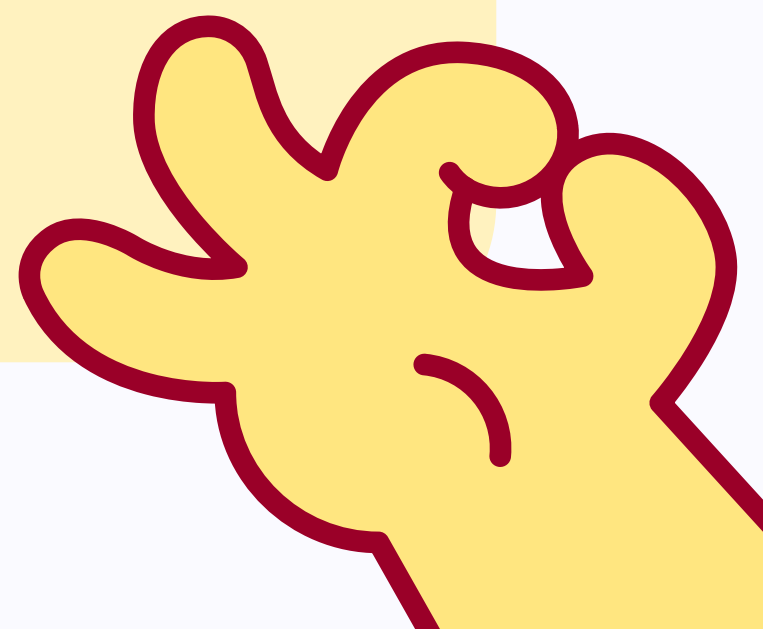
Challenge!

Is it safe to share personal or private info with AI chatbots?

- A** Yes, it feels private and safe.
- B** Maybe small things, not anything serious.
- C** No, I don't think it's safe to share personal stuff with AI.

Talking points

- Conversations with AI chat aren't truly private. They can be stored, reviewed, or used to train the system.
- Discuss what "personal information" means: names, addresses, school details, family situations, passwords.
- Reassure your child that you're a safe place for the real, serious stuff. AI can't keep info safe the way a trusted person can.



Challenge!

How would you handle a suspicious call that sounds like a family member asking for money?

- A** Do what they asked right away, it's an emergency.
- B** Try to call or text that person directly to check.
- C** I'm not sure, I've never thought about this.

Talking points

- AI can clone a voice from just a few seconds of audio, which scammers use to impersonate family members in "emergencies."
- Set up a family code word that only real family members know, to verify identity in a scary or urgent situation.
- Scammers count on you acting fast. Pausing to verify is always okay, even in a real emergency.



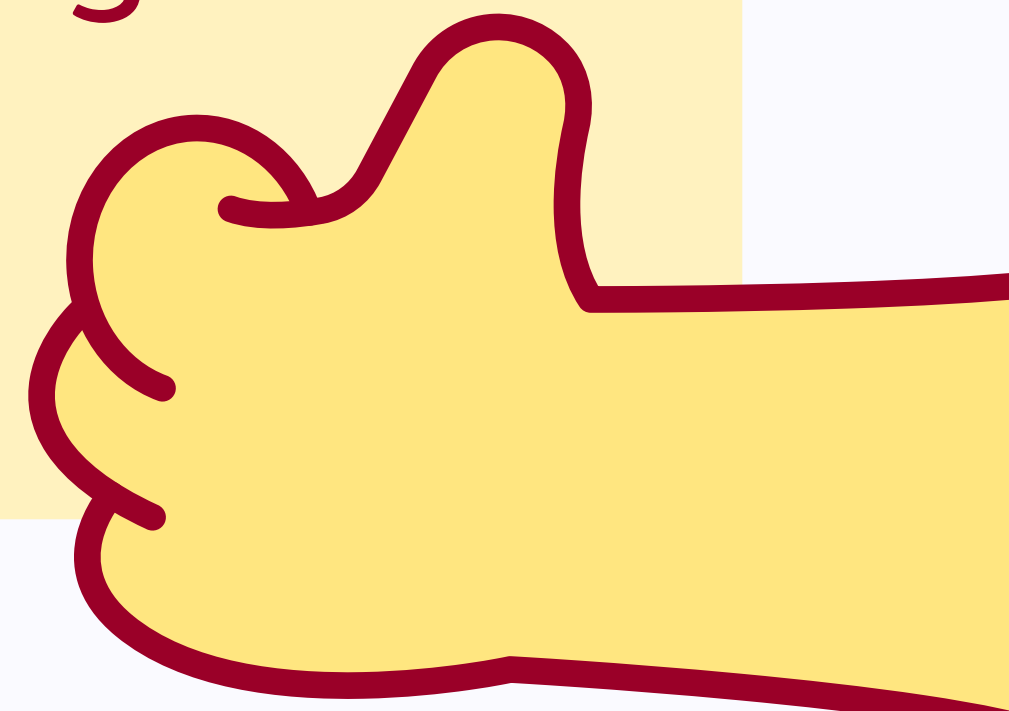
Challenge!

**Can you always tell
when a photo or video
was made or changed
by AI?**

- A** Yes, I'm pretty good at spotting it.
- B** Sometimes, but it's getting harder.
- C** No, honestly I can't always tell.

Talking points

- AI-generated content is getting harder to detect, even for adults. That's normal, not a sign you're not paying attention.
- Encourage a "**pause before you believe or share**" habit, especially for surprising or emotional content.
- It's less about spotting every fake and more about questioning anything online, always.



Challenge!

Have you asked AI to help decide something, like what to wear, what to text, or how to handle a relationship?

- A** Yes, it's easier than figuring it out myself.
- B** Sometimes, if I want another opinion.
- C** No, I'd rather figure it out on my own.

Talking points

- It's normal to want quick answers, but **working through small decisions is a skill** that builds confidence for bigger ones later.
- AI doesn't know your child's history, values, or relationships the way they (or you) do.
- Ask what kinds of decisions feel hardest to make alone. That's a good look into what support they actually need.



Challenge!

Is using AI to help write a story, draw a picture, or make music, still make it "yours"?

- A** Yes, I came up with the idea.
- B** Kind of, but it feels different than doing it myself.
- C** No, it wouldn't really feel like mine.

Talking points

- There's no single right answer here. This is a great values conversation, not a rulebook moment.
- Talk about the difference between AI as a tool (like a sketch to build from) versus AI doing the whole creative job.
- Some schools and platforms have specific rules about AI-assisted creative work. It's worth checking together.



Challenge!

How do you feel about AI being part of your future (school, work, everyday)?

- A** Excited, it'll make things easier.
- B** Nervous, I worry about what it means for jobs or people.
- C** Not sure, I haven't thought about it much.

Talking points

- Excitement and worry are completely valid reactions. There's no "correct" feeling to have about AI's future.
- Remind your kid that critical thinking, communication, and judgment become more valuable, not less, as AI grows.
- Keep this conversation open and ongoing. AI is changing fast, and check-ins matter more than one-time talks.



Keep the
Conversation
Going And



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